



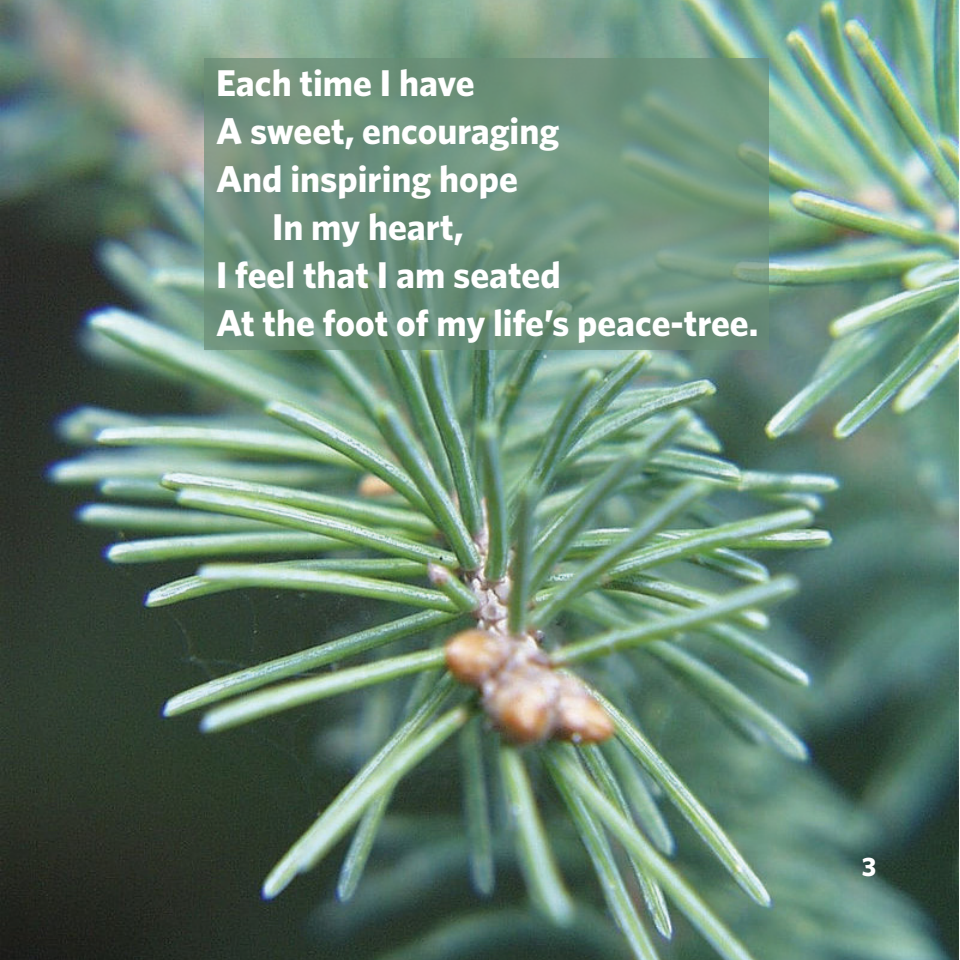
# O Tree of Peace

Poems by Sri Chinmoy

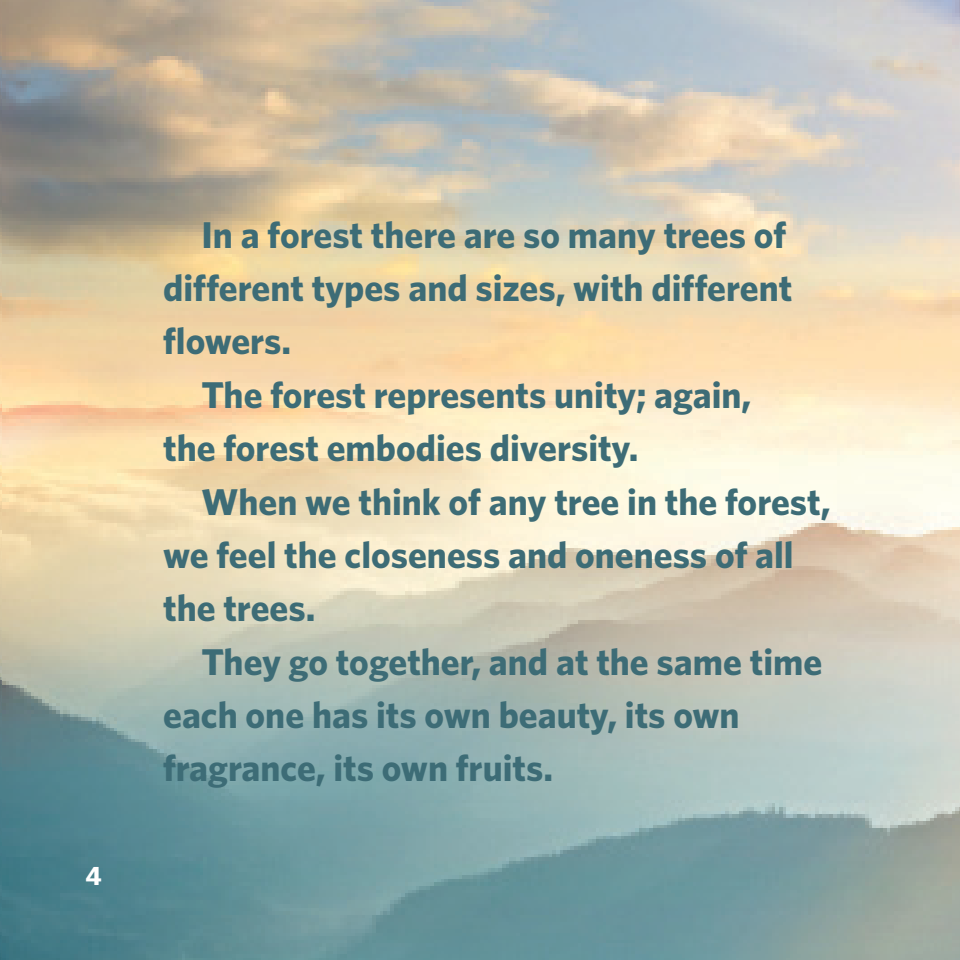
for the International Day of Peace  
and Seven Minutes of World Peace, September 21<sup>st</sup>

**My peace-tree blooms  
Only in my heart-land  
And nowhere else.**





**Each time I have  
A sweet, encouraging  
And inspiring hope  
In my heart,  
I feel that I am seated  
At the foot of my life's peace-tree.**

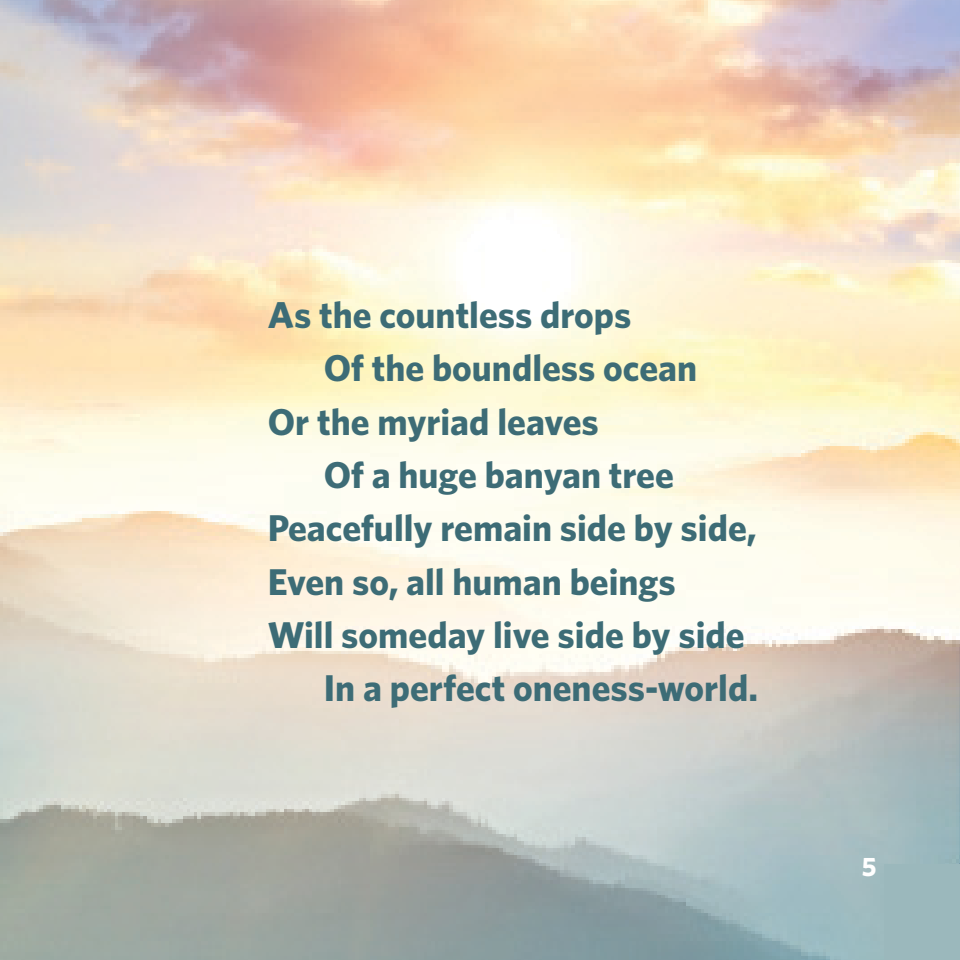


**In a forest there are so many trees of different types and sizes, with different flowers.**

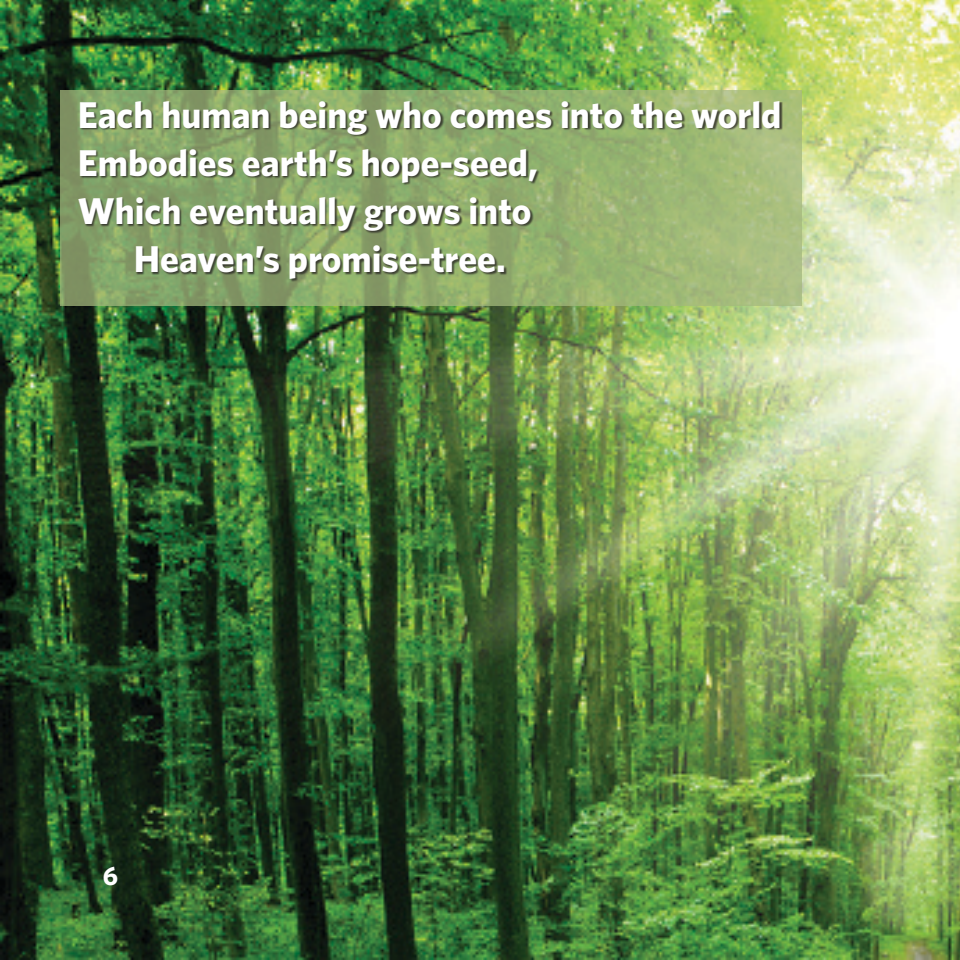
**The forest represents unity; again, the forest embodies diversity.**

**When we think of any tree in the forest, we feel the closeness and oneness of all the trees.**

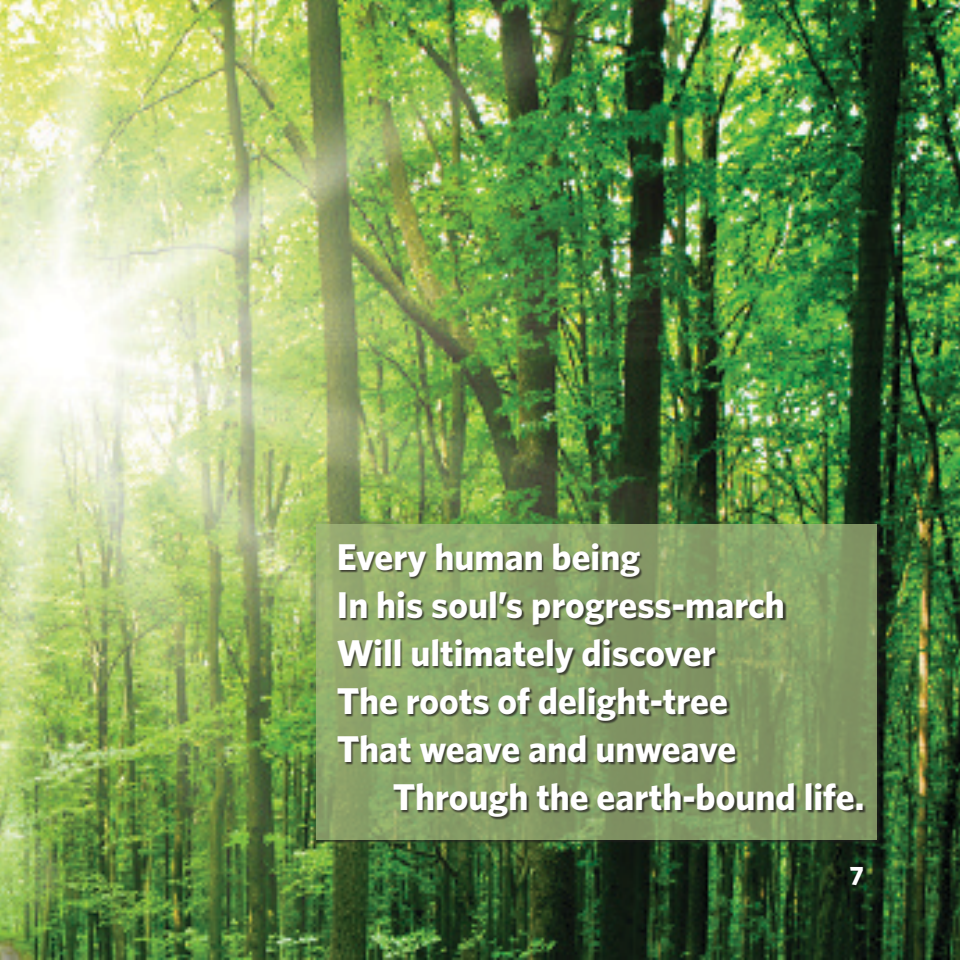
**They go together, and at the same time each one has its own beauty, its own fragrance, its own fruits.**



**As the countless drops  
Of the boundless ocean  
Or the myriad leaves  
Of a huge banyan tree  
Peacefully remain side by side,  
Even so, all human beings  
Will someday live side by side  
In a perfect oneness-world.**

A vibrant, sun-drenched forest scene. Tall, slender trees with dense green foliage fill the frame. Sunlight streams through the canopy on the right side, creating a bright, ethereal glow. The overall atmosphere is peaceful and natural.

**Each human being who comes into the world  
Embodies earth's hope-seed,  
Which eventually grows into  
Heaven's promise-tree.**


A vibrant green forest scene with sunlight filtering through the trees, creating a bright, airy atmosphere. The text is overlaid on a semi-transparent green box in the lower right quadrant.

**Every human being  
In his soul's progress-march  
Will ultimately discover  
The roots of delight-tree  
That weave and unweave  
Through the earth-bound life.**

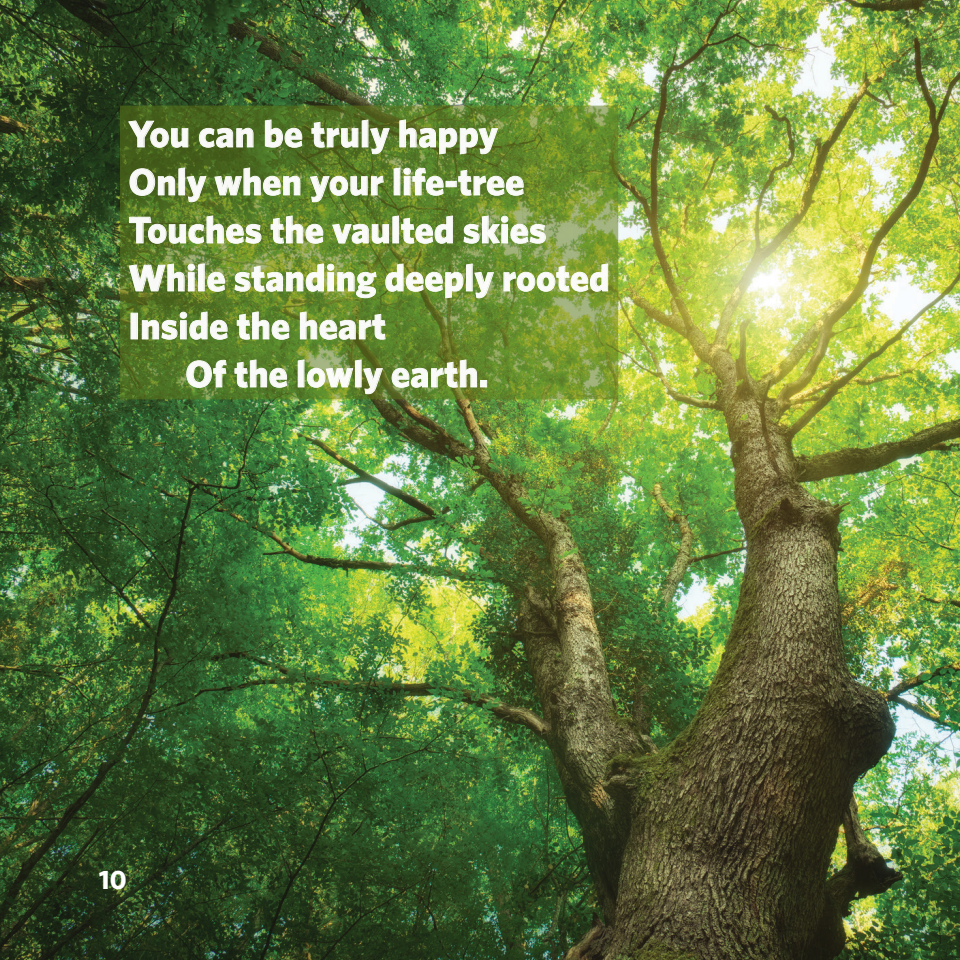
**If you need peace,  
meditate early in the evening,  
between six and seven.**

**Nature, as it offers its salutations to the setting sun,  
will inspire you, comfort you and help you.**

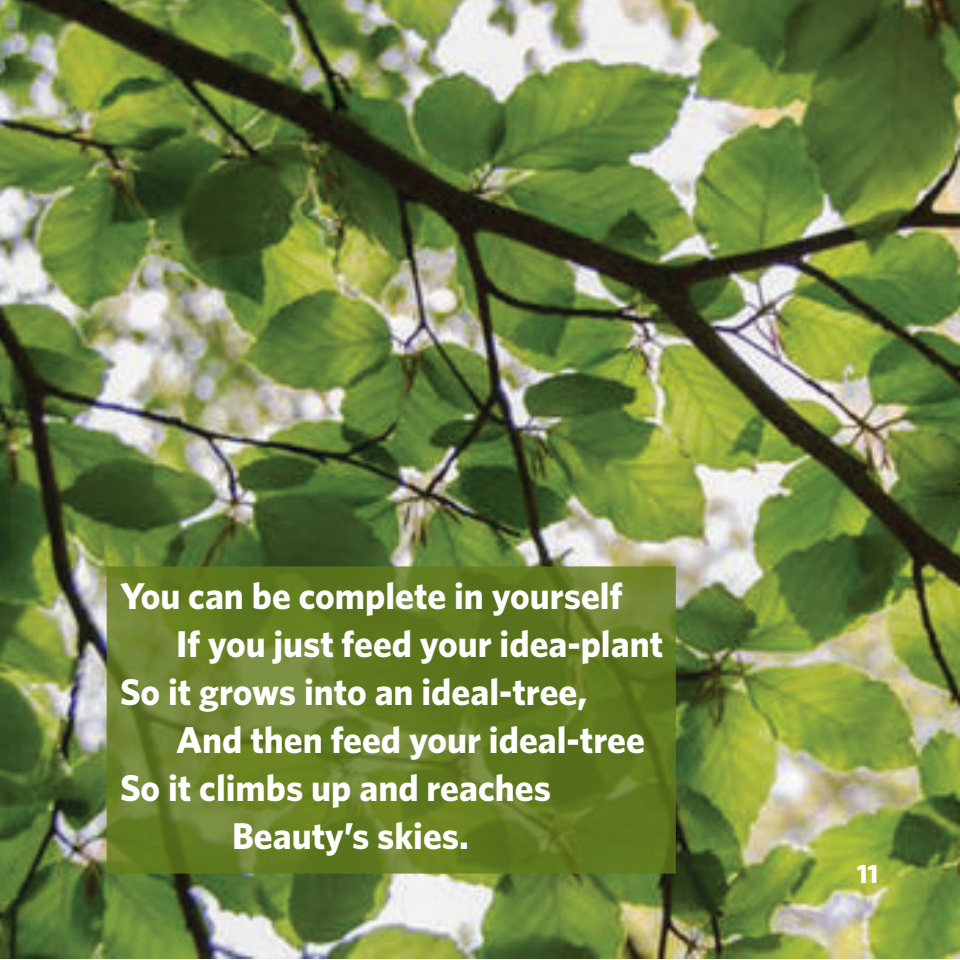





**If you need patience,  
meditate in the evening.  
Meditate sitting at the foot of a tree.  
Meditate on the tree.  
Its sacrificing consciousness  
will help you.**



**You can be truly happy  
Only when your life-tree  
Touches the vaulted skies  
While standing deeply rooted  
Inside the heart  
Of the lowly earth.**



**You can be complete in yourself  
If you just feed your idea-plant  
So it grows into an ideal-tree,  
And then feed your ideal-tree  
So it climbs up and reaches  
Beauty's skies.**



**Each time I pray  
I see inside my heart  
A peace-tree growing.  
Each time I pray  
I see inside my heart  
A peace-flower blossoming.**

**Our prayers and meditations  
Are like seeds.  
One day they will grow into tiny plants  
And finally  
Into giant banyan peace-trees.**



**Humility is not humiliation.**

**Just as a tree is not humiliated**

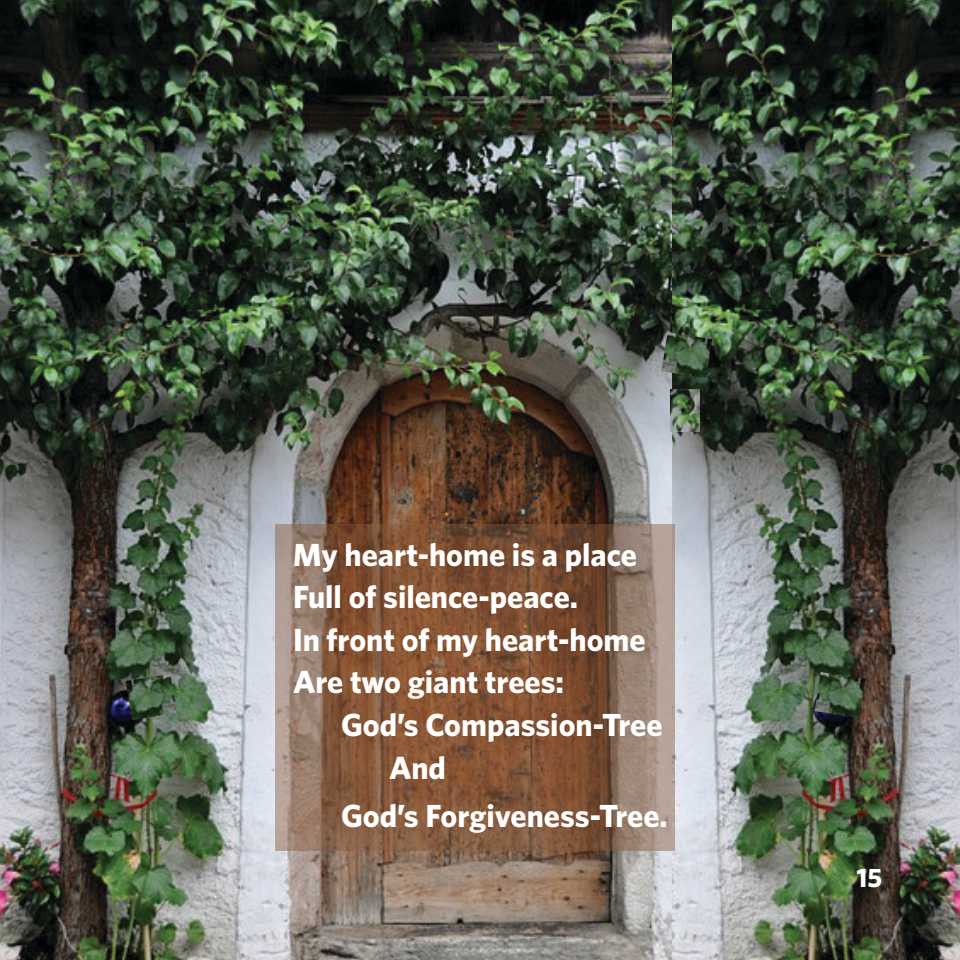
**When it bows down**

**To offer its fruits,**

**Even so by showing humility**

**We offer the best in ourselves**

**To humanity.**



**My heart-home is a place  
Full of silence-peace.  
In front of my heart-home  
Are two giant trees:  
God's Compassion-Tree  
And  
God's Forgiveness-Tree.**



Sri Chinmoy (1931-2007) devoted his life to global harmony and oneness through his poetry, music, art, sports and humanitarian service. He founded the Oneness-Home Peace Run in 1987 as a way to bring people together in a global yet grassroots event. It has traversed over 150 nations and touched the lives of millions of people. Sri Chinmoy

offered peace meditations at the United Nations for nearly four decades and met with many world leaders, including his dear friends President Gorbachev and Mother Teresa.

Sources: books published by Aum Publications, New York and available at [www.srichinmoylibrary.com](http://www.srichinmoylibrary.com). Simply enter the following "cite-key" for each page in the search box. Many more poems about trees and peace can be found by entering these words in the search box.

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